

The Peer Mentoring Program:

This program is to help improve the quality of life for PCA/PCSP consumers of Granite State Independent Living (GSIL).

Peer mentoring is fun. It is an effective and educational way to introduce coping strategies to new consumers, as well as assist them in dealing with self-esteem, self-image issues, function of life, recreational opportunities, socialization to meet other peers, and managing their GSIL services.

The Peer Mentoring program (which is a volunteer program) wants dependable individuals that would enjoy assisting a peer(s) with whom they would share their life experiences. Our Mentors are individuals who have successfully adjusted and transitioned to living life with a disability and are willing to share their journey. A successful role model could make a positive change in a Peer's life. The Mentor can also have an impact on the dynamic of the family and those closest to the Peer.

One could think they need a mentor or one can believe they will make a good mentor. There is an application for both. Please contact your LTS Coordinator for the applications or Jennifer Crowell and Nicole Rockwell. This could become beneficial for both parties with self-confidence, career building, open opportunities for the future, meet new friends, life coping skills strengthened and the possibility of the Peer becoming a Mentor in the future.

Thank You

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Peer Mentor Coordinators for NHNSCIA/USA/GSIL