

Do Adults Need Vaccines?

Some people assume that the vaccines they received as children will protect them for the rest of their lives.

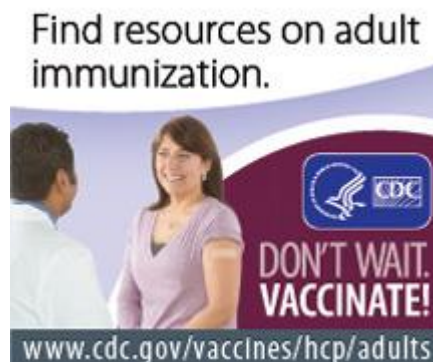
This is an INCORRECT assumption. Some factors to consider:

1. Some adults were never vaccinated as children
2. Newer vaccines were not available when some adults were children
3. Immunity can start to decrease over time
4. We become more susceptible to serious diseases as we age. Common infections such as the flu and pneumococcus become more dangerous.

10 Reasons to Get Vaccinated!

1. **You may be at risk for serious diseases that could be prevented by vaccines.** *Many of these diseases (like influenza, pertussis, and shingles) are common in the U.S., and many can be spread easily.*
2. **You may be at increased risk for complications from certain diseases if you have a chronic health condition or weakened immune system.** *Adults with chronic conditions such as heart disease, diabetes, or lung disease and those with weakened immune systems are more likely to develop complications from certain vaccine-preventable diseases. These complications can include long-term illness, hospitalization, and even death.*
3. **You can reduce the chance that you'll pass on a serious disease to your loved ones.** *Most vaccine-preventable disease can be contagious, like influenza, meningitis, and whooping cough. Receiving your recommended vaccines can reduce the risk that you get sick and spread disease on to others.*
4. **You can help protect those who can't get vaccinated.** *Some people may not be able to get vaccinated against certain illness. Vaccines can help prevent the spread of contagious diseases to them. For example, newborns who are too young to get vaccinated for whooping cough are also most at risk of severe illness from the disease. By getting vaccinated when you're pregnant, you can pass on protection to your baby.*

5. **You don't have time to get sick.** *You have too much responsibility to risk getting sick, including people counting on you at work and at home. Vaccines can help you stay healthy so you don't waste time being sick.*
6. **You don't want to miss what's important to you.** *Spending time with family and friends or taking time out for your hobbies may not be possible if you get sick. Vaccines can help you stay healthy and enjoy the things you like to do.*
7. **You don't want to pay the price of getting sick.** *Adults who get a vaccine-preventable disease face the financial costs of medical visits and treatment, in addition to other costs like taking time off work, hiring babysitters, and traveling to and from doctors' offices.*
8. **You like to travel - or have to travel for work.** *Travel can present exciting opportunities, but it can also put you at risk for certain diseases. Make sure you only bring back great memories, not illness! If you are going to travel internationally, you might need additional vaccines.*
9. **You want the peace of mind that comes with protecting your health.** *People sometimes wait to get vaccines until they hear of outbreaks of disease like pertussis or influenza in their community. The time to be vaccinated is before disease arrives. It's important to stay up to date on your immunizations because no one can predict when disease will appear.*
10. **You don't want to feel crummy if you can prevent it!** *No one wants to feel sick. There are more than a dozen diseases that you can protect against simply by getting vaccinated! Adult vaccines are available at doctor's offices, health departments, pharmacies, and even workplaces.*



If you are this age, talk to your healthcare professional about these vaccines

If you are this age, ↓	Flu <i>Influenza</i>	Td/Tdap Tetanus, diphtheria, pertussis	Shingles <i>Zoster</i>	Pneumococcal		Meningococcal		MMR Measles, mumps, rubella	HPV <i>Human papillomavirus</i>		Chickenpox <i>Varicella</i>	Hepatitis A	Hepatitis B	Hib <i>Haemophilus influenzae</i> type b
				PCV13	PPSV23	MenACWY or MPSV4	MenB		for women	for men				
19 - 21 years	Green	Green	Light Blue	Blue	Blue	Blue	Blue	Green	Green	Green	Green	Blue	Blue	Blue
22 - 26 years	Green	Green	Light Blue	Blue	Blue	Blue	Blue	Green	Green	Blue	Green	Blue	Blue	Blue
27 - 59 years	Green	Green	Light Blue	Blue	Blue	Blue	Blue	Green	Light Blue	Light Blue	Green	Blue	Blue	Blue
60 - 64 years	Green	Green	Green	Blue	Blue	Blue	Blue	Light Blue	Light Blue	Light Blue	Green	Blue	Blue	Blue
65+ year	Green	Green	Green	Green	Green	Blue	Blue	Light Blue	Light Blue	Light Blue	Green	Blue	Blue	Blue

More Information:

You should get flu vaccine every year.

You should get a Td booster every 10 years. You also need 1 dose of Tdap. Women should get a Tdap vaccine during every pregnancy to help protect the baby.

You should get shingles vaccine even if you have had shingles before.

You should get 1 dose of PCV13 and at least 1 dose of PPSV23 depending on your age and health condition.

You should get this vaccine if you did not get it when you were a child.

You should get HPV vaccine if you are a woman through age 26 years or a man through age 21 years and did not already complete the series.



Recommended For You: This vaccine is recommended for you *unless* your healthcare professional tells you that you do not need it or should not get it.



May Be Recommended For You: This vaccine is recommended for you if you have certain risk factors due to your health condition or other. Talk to your healthcare professional to see if you need this vaccine.

If you are traveling outside the United States, you may need additional vaccines.

Ask your healthcare professional about which vaccines you may need at least 6 weeks before you travel.

For more information, call 1-800-CDC-INFO (1-800-232-4636) or visit www.cdc.gov/vaccines



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

If you have this health condition,

talk to your healthcare professional about these vaccines

	Flu <i>Influenza</i>	Td/Tdap Tetanus, diphtheria, pertussis	Shingles Zoster	Pneumococcal		Meningococcal		MMR Measles, mumps, rubella	HPV <i>Human papillomavirus</i>		Chickenpox <i>Varicella</i>	Hepatitis A	Hepatitis B	Hib <i>Haemophilus influenzae</i> type b
				PCV13	PPSV23	MenACWY or MPSV4	MenB		for women	for men				
Pregnancy	Green	Green	Light Purple	Green	Green	Blue	Blue	Light Purple	Green	Green	Light Purple	Blue	Blue	Green
Weakened Immune System	Green	Green	Light Purple	Green	Green	Blue	Blue	Light Purple	Green	Green	Light Purple	Blue	Blue	Green
HIV: CD4 count less than 200	Green	Green	Light Purple	Green	Green	Blue	Blue	Light Purple	Green	Green	Light Purple	Blue	Blue	Green
HIV: CD4 count 200 or greater	Green	Green	White	Green	Green	Blue	Blue	Green	Green	Green	Green	Blue	Blue	Green
Kidney disease or poor kidney function	Green	Green	Green	Green	Green	Blue	Blue	Green	Green	Green	Green	Blue	Blue	Green
Asplenia (if you do not have a spleen or if it does not work well)	Green	Green	Green	Green	Green	Blue	Blue	Green	Green	Green	Green	Blue	Blue	Green
Heart disease Chronic lung disease Chronic alcoholism	Green	Green	Green	Green	Green	Blue	Blue	Green	Green	Green	Green	Blue	Blue	Green
Diabetes (Type 1 or Type 2)	Green	Green	Green	Green	Green	Blue	Blue	Green	Green	Green	Green	Blue	Blue	Green
Chronic Liver Disease	Green	Green	Green	Green	Green	Blue	Blue	Green	Green	Green	Green	Blue	Blue	Green

More Information:

You should get flu vaccine every year.

You should get a Td booster every 10 years. You also need 1 dose of Tdap vaccine. Women should get Tdap vaccine during every pregnancy.

You should get shingles vaccine if you are age 60 years or older, even if you have had shingles before.

You should get 1 dose of PCV13 and at least 1 dose of PPSV23 depending on your age and health condition.

You should get this vaccine if you did not get it when you were a child.

You should get HPV vaccine if you are a woman through age 26 years or a man through age 21 years and did not already complete the series.

You should get Hib vaccine if you do not have a spleen, have sickle cell disease, or received a bone marrow transplant.

Recommended For You: This vaccine is recommended for you *unless* your healthcare professional tells you that you do not need it or should not get it.

May Be Recommended For You: This vaccine is recommended for you if you have certain other risk factors due to your age, health condition or other. Talk to your healthcare professional to see if you need this vaccine.

YOU SHOULD NOT GET THIS VACCINE



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